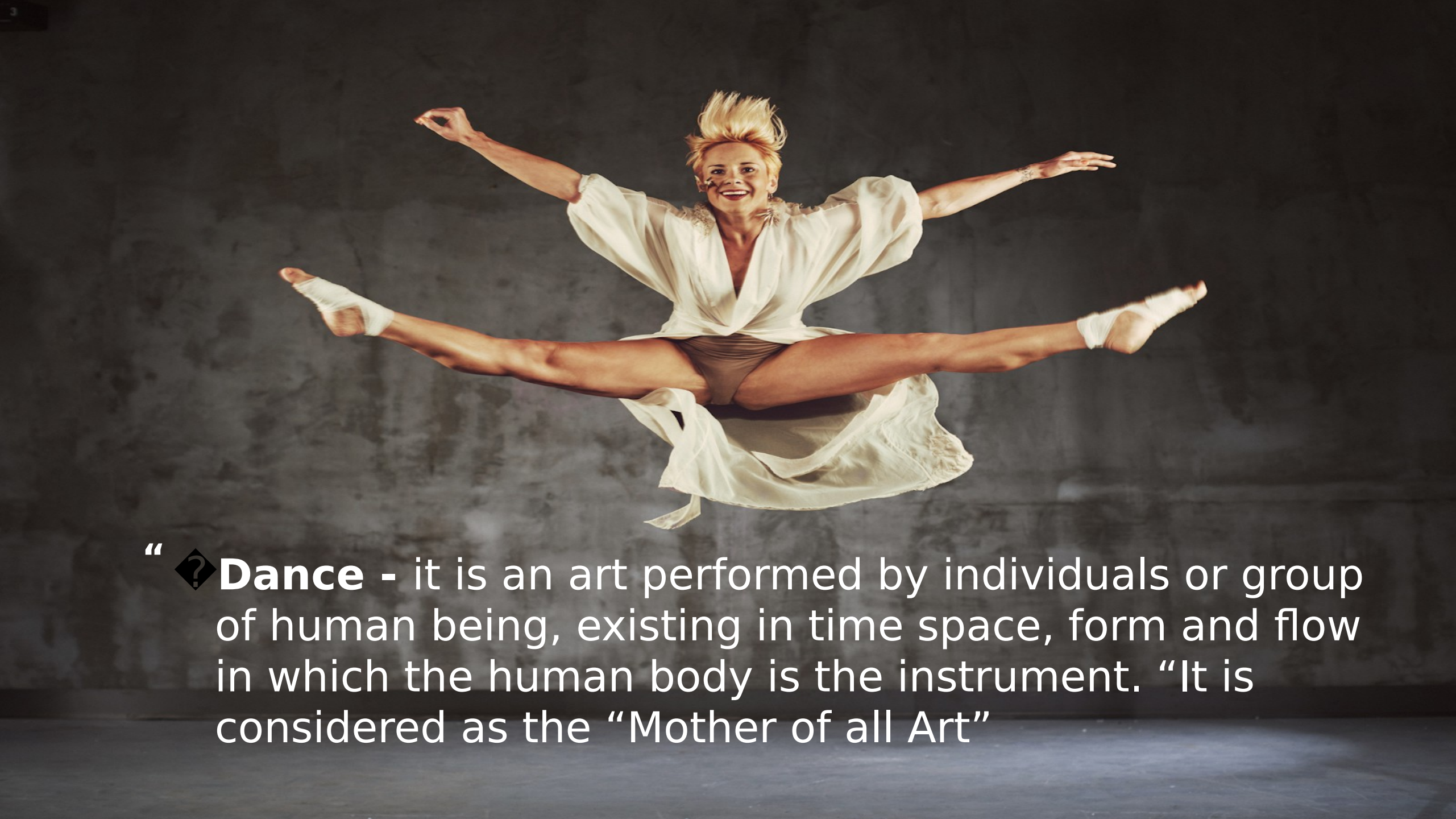
WHY DO YOU DANCE?



“ **Dance -** it is an art performed by individuals or group of human being, existing in time space, form and flow in which the human body is the instrument. “It is considered as the “Mother of all Art”

Brief History of Dance

* From the earliest moments known human history, dance accompanied ancient rituals, spiritual gatherings and social events. As a conduit of trance, spiritual force, pleasure, expression, performance interaction.

Brief History of Dance

Function of Dance

Function of Dance

Express our ideas, feelings and emotion
A mean of religious worship
Expressing physical, strength, and agility
Education
Entertainment
Preserve cultural heritage

Function of Dance

Recreational activities
Social affirmation
Therapy
Celebrate
To heal
To give thanks

ELEMENTS OF DANCE

BODY

ACTION

SPACE

TIME

ENERGY

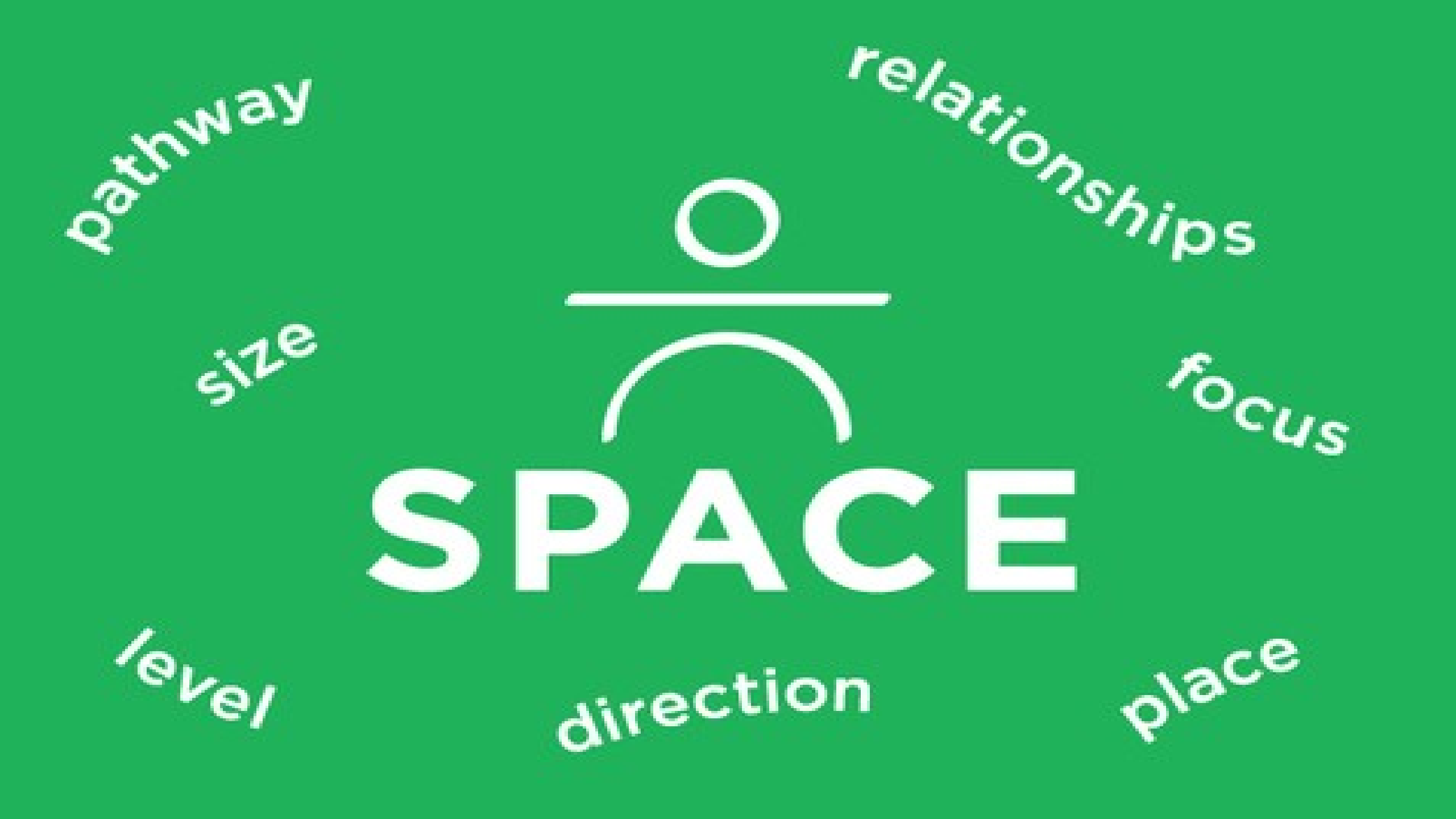
parts of the body
patterns
whole body
initiation
BODY
body systems
body shapes
inner self

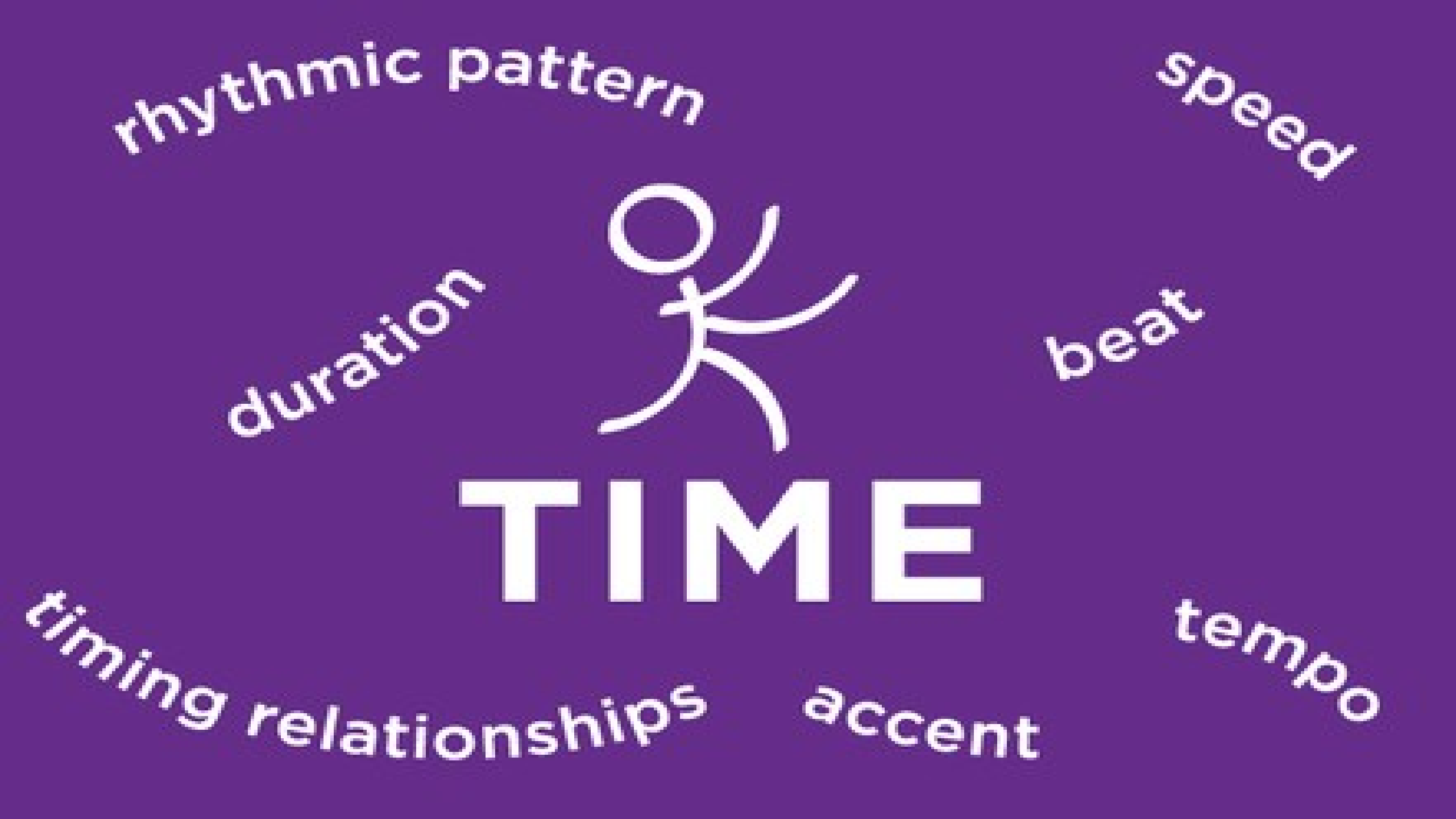
Laban Effort Actions

traveling

ACTION

axial


pathway
relationships
size
focus
SPACE
level
direction
place


rhythmic pattern
speed
duration
beat
TIME
timing relationships
accent
tempo

attack
tension
flow
ENERGY
force
qualities
weight

Form of Dance

Classic Dance

Classic Dance

- 16th century
- Cotillion
- Rigodon de honor
- President inauguratio
- Unfair, discrimination

Classic Dance

-Characterized by grace and precision of movement and by elaborate formal gestures, steps, and poses.

-It is précised dance with very distinct formation, sequences, arm movements, alignments and style

Classical Ballet

Classical Ballet

-19th century,

-Swan

-Ballet shoes and costumes

-Alice Reyes and Lisa Macuja

Classical Ballet

-system of dance based on formalized movements and positions of the arms, feet, and body designed to enable the dancer to move with greatest possible agility, control, speed, lightness and grace.

Modern Dance

Modern Dance

-collaboration of dance movement from the previous dances which being connected to the present time.

-creative dance

Modern Dance

-genre

-Trending
early 80’s electronic dance, new wave

Break dancing, Novelty dance hits
SB,MANUE, UMD

Contemporary Dance

Contemporary Dance

-is a style of expressive dance that combines elements of several dance genre including modern, jazz, lyrical and ballet,

Folk Dance

Folk Dance

-Traditional dance of the common people and a reflection of life and their culture.

Ethnic Dance

Ethnic Dance

-dance form which can be identified as originating with an ethnic culture and expressing the movement aesthetics of the culture.

Ballroom Dance

Ballroom Dance

-dance of all ages.

-a type of dancing where two people use specials steps move rhythmically, expressing the characteristics of music

KWL Chart

1. What I know
2. What I want to know
3. What I have learned

Thank you
See you next week.